



SPA PACKAGE LUNCH MENU

STARTER

(Vg) Mixed Olives

(V) & (MVg) Selection of Breads with Balsamic & Butter (g,m,su)

(V) Pickled Cheese & Gherkins (m)

(V) & (MVg) Chef's Soup (so,gm,g,c)

Baked Mini Loaf and Butter. Please enquire with your served for today's special and allergens

(V) & (MVg) Roasted Vegetable Tian (so,gm,n,g,su)

Cauliflower Rice, Cashew Nut, Salsa Verde

Parma Eggs Benedict (so,gm,e,g,su)

Grilled Muffin, Spinach, Poached Egg, Crispy Parma Ham, Hollandaise

Cardigan Bay Crab Pâté (cr,so,gm,m,g,su,mu)

Toasted Ciabatta, Brioche Crumb, Citrus Crema Drizzle, Caper Berries

MAIN

Chicken & Prosciutto Tiger Bun (so,gm,e,mu,g,su,m)

Mozzarella, Rocket, Gremolata, Capers, Fries

(V) & (MVg) Roasted Vegetable Wrap (g,m,so,gm)

Peppers, Onions, Aubergine, Courgette, Artichoke with Feta & Baby Gem in an oven baked Tortilla Wrap with Crisps & Salad

Fish & Chips (f,so,g,su,gm,mu,e,m)

Tartar Sauce, Minted Crushed Peas, Home-Cut Chips & Lemon

Welsh 8oz Beef Burger (so,gm,g,f,mu,e,m,n)

Bacon, Mexican Cheese, Tomato Relish, Baby Gem, Tobacco Onions, Fries and Salad

Fish & Chips (f,so,g,su,gm,mu,e,m)

Beer Battered Cod, Tartare Sauce, Crushed Minted Peas, Home Cut Chips, Lemon

(V) & (MVg) Chickpea & Quinoa Burger (so,gm,n,su,g,s)

Salsa, Baby Gem, Red Onion, Fries and Salad

(V) & (MVg) Lemon & Artichoke Tagliatelle (so,gm,g,m,su)

Garlic, Parsley, Beurre Noisette, Citrus Crema, Parmesan

add Seared Chicken Breast £3.50

DESSERT

Cheesecake of the Day (g,m)

please enquire for today's special and allergens

(V) Warm Chocolate Brownie (g,m,e,su)

White Chocolate Chips, Vanilla Ice Cream, Chocolate Soil

(V) Summer Berry Pavlova (e,m,so)

Chewy Meringue, Coulis, Mascarpone Cream

(MVg) Assiette of Sorbet (so,gm,su,m,g)

Chocolate Soil, Berries, Tuille

Please advise us of any dietary requirements or concerns that you may have

Allergy Key: (V) Vegetarian; (Vg) Vegan; (MVg) Modified Vegan; (c) Celery; (cr) Crustacean; (e) Egg; (f) Fish; (g) Gluten; (gm) Genetically Modified; (l) Lupin; (m) Milk; (mo) Mollusc; (n) Nut; (pn) Peanut; (s) Sesame; (so) Soya; (su) Sulphur