

Spa Package Lunch Menu



Allergy key: (V) Vegetarian; (Vg) Vegan; (MVg) Modified Vegan; (c) Celery; (cr) Crustacean; (e) Egg; (f) Fish; (g) Gluten; (gm) Genetically Modified; (l) Lupin; (m) Milk; (mo) Mollusc; (mu) Mustard; (n) Nut; (pn) Peanut; **Please advise us of any dietary requirements or concerns you may have.**

Starters

(Vg) Mixed Olives

(V) & (MVg) Selection of Breads with Balsamic & Butter (g,m,su)

(V) Sundried Tomatoes & Mozzarella (m)

(V) & (MVg) Chef's Soup (so,gm,m,g)

served with Rosemary Focaccia. Please enquire with your server for today's special and allergens

(Vg) Carreg Bruschetta (so,gm,g,su,mu)

Marinated Cherry Tomato, Red Onion, Garlic Aioli, Basil, Balsamic Glaze

Smoked Salmon & Langoustine Paté (m,f,cr,g,su,e,mu,s)

Horseradish Gel, Bagel Toast, Beetroot Chutney, Dill Pickle Cucumber, Shallots

Crab Rarebit (cr,f,g,m,e,mu,su)

Lime Mayo, Salad, Toasted Focaccia, Lemon Oil

Mains

Chicken & Roasted Red Pepper Wrap (g,so,gm,su,mu,e)

Cos Lettuce, Red Onion, Cucumber, Mozzarella and Garlic Mayo in an oven baked Wrap

(Vg) Open Vegetable Focaccia (g,gm,su,so,mu)

Roasted Red Pepper Hummus, Roasted Mediterranean Vegetables, Olives, Rocket, Balsamic

Fish & Chips (f,so,g,su,gm,mu)

Beer Battered Cod, Tartare Sauce, Crushed Minted Peas, Home Cut Chips, Lemon

Chicken Pesto Alfredo (so,su,gm,g,m)

Roasted Red Pepper, Sundried Tomato, Red Onion, Parmesan, Tagliatelle Pasta

Carreg Beef Burger (so,gm,g,mu,e,f,su,m,c)

Bacon, Chilli Cheddar, Flour Bun, Tex-Mex Pulled Beef, Baby Leaf, Pico de Gallo, Chive Sour Cream, Salad, Fries

(Vg) 6oz Garden Burger (c,so,su,gm,g,mu,se)

Lentil & Spinach Burger, Flour Bun, Red Pepper Hummus, Baby Leaf, Red Onion & Garlic Mayo, Salad, Fries

(Vg) Tuscan Orzo (g,so,su,gm)

Cherry Tomato, Onion, Cannellini Beans, Spinach, Basil, Garlic, Lemon, Toasted Focaccia

Add Chicken £3.00 supplement

Dessert

Cheesecake of the Day (m,g)

please enquire with your server for today's special and allergens

Warm Chocolate Brownie (m,su,g,e)

Vanilla Ice Cream, Chocolate Sauce, Chocolate Soil

Sticky Toffee (m,g,e,su)

Butterscotch Sauce, Banoffee Ice Cream

(MVg) Assiette of Sorbet (so,gm,su,m,g)

Chocolate Soil, Berries, Tuille