



Hotel & Spa

# Food Menu





# Room Service Menu and Dinner Order Form

To order Lunch please dial '0' from your in-room telephone

Dinner must be ordered by 5pm for service this evening

6:00 – 6:15pm	<input type="checkbox"/>	6:15 – 6:30pm	<input type="checkbox"/>	6:30 – 6:45pm	<input type="checkbox"/>	6:45 – 7pm	<input type="checkbox"/>
7:00 – 7:15pm	<input type="checkbox"/>	7:15 – 7:30pm	<input type="checkbox"/>	7:30 – 7:45pm	<input type="checkbox"/>	7:45 – 8pm	<input type="checkbox"/>
8:00 – 8:15pm	<input type="checkbox"/>	8:15 – 8:30pm	<input type="checkbox"/>	8:30 – 8:45pm	<input type="checkbox"/>	8:45 – 9pm	<input type="checkbox"/>

Please detail any allergens or dietary requirements that need to be considered:

Please detail your drinks order from our Drinks Menu:

Room # \_\_\_\_\_ Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Signature: \_\_\_\_\_

## 12" Pizzas (available for Lunch 12pm - 2:30pm & Dinner 6pm - 9pm)

<b>(V) Margherita (g,m)</b> Rich Tomato Sauce topped with Grated Mozzarella	£9.95	<input type="checkbox"/>
<b>(V) Vegetable (g,m,su)</b> Rich Tomato Sauce, Peppers, Onions, Artichokes, Basil Pesto, Grated Mozzarella	£10.95	<input type="checkbox"/>
<b>Pepperoni (g,m)</b> Rich Tomato Sauce, Onions, Pepperoni, Grated Mozzarella	£10.50	<input type="checkbox"/>
<b>BBQ Chicken (g,m,su)</b> Rich Tomato Sauce, BBQ Chicken, Peppers, Onions, Grated Mozzarella	£12.25	<input type="checkbox"/>
<b>Hawaiian (g,m)</b> Rich Tomato Sauce, Ham, Pineapple, Grated Mozzarella	£11.00	<input type="checkbox"/>
<b>Make Your Own Pizza (g,m)</b> Choose any 3 toppings from Pepperoni, BBQ Chicken ( <b>su</b> ), Ham, Onions, Peppers, Artichokes ( <b>su</b> ), Pineapple, Extra Mozzarella ( <b>m</b> ), Mushrooms, Rocket, Red Chillies, Cheddar ( <b>m</b> ), Goats Cheese ( <b>m</b> ) Add additional toppings for £1.50 each	£12.95	<input type="checkbox"/>

**Allergy key:** (V) Vegetarian; (Vg) Vegan; (c) Celery; (cr) Crustacean; (e) Egg; (f) Fish; (g) Gluten; (gm) Genetically Modified; (l) Lupin; (m) Milk; (mo) Mollusc; (mu) Mustard; (n) Nut; (pn) Peanut; (s) Sesame; (so) Soya; (su) Sulphur.

*Although every effort is made to correctly identify all allergens contained in our dishes, please note that such products are stocked and used in our kitchens. Please advise us of any dietary requirements or concerns you may have. Please ask your server for available alternatives to accommodate your dietary requirements.*

*Please note that guests staying on a Dinner, Bed & Breakfast Package receive a £25 per person food allowance towards this menu. Beverages are not included within this allowance.*

## Starters (available for Dinner 6pm - 9pm only)

<b>(Vg) Soup of the Day</b> Served with a Bread Roll (g, m)	£5.95	<input type="checkbox"/>
<b>(V) Beetroot &amp; Goats Cheese Arancini (m,g,mu,e,su,nu,so)</b> Served with Apple, Walnut and Rocket Salad	£6.25	<input type="checkbox"/>
<b>Spicy Crab Cake (cr,e,g,mu,su,c,gm,m,so)</b> White and Brown Crab Meat mixed with Red Chilies, Celery and Coriander, coated in Golden Breadcrumbs, served with Salad Garnish and Lime Mayo	£7.50	<input type="checkbox"/>
<b>Smoked Duck Salad (gm,su,so)</b> Served with Pomegranate Dressing and Salad Garnish	£6.95	<input type="checkbox"/>
<b>Mackerel Pate (f,m,g,su,mu,e,so)</b> With Crème Cheese, Lime and Cracked Black Pepper served with Crostini	£6.50	<input type="checkbox"/>

## Main Course (available for Dinner 6pm - 9pm only)

<b>Carreg Beef Burger (g,e,su,mu,m,gm,so)</b> 7oz Lean Welsh Mincemeat, Baby Gem Lettuce, Beef Tomato, Pickled Gherkin and Melted Cheddar in a Toasted Brioche Bun served with Salad Garnish and Fries	£14.95	<input type="checkbox"/>
<b>Cajun Chicken Fillet Burger (g,e,su,m,mu,gm,so)</b> Cajun spiced Chicken Fillet, Baby Gem Lettuce, Beef Tomato in a Toasted Brioche Bun served with Salad Garnish and Sweet Potato Fries	£14.95	<input type="checkbox"/>
<b>Chargrilled 8oz Sirloin Steak (m,gm,so)</b> Served with Roasted Beef Tomato, Portabella Mushroom and Homemade Chips	£24.95	<input type="checkbox"/>
<b>Crab &amp; Samphire Tagliatelle (cr,su,g,e,f,m)</b> Tagliatelle, Samphire and Crab coated in a Rich Bisque ( <i>availability dependent on weather</i> )	£17.50	<input type="checkbox"/>
<b>Fish and Chips (f,g,gm,so)</b> Fish of the Day coated in a Beer Batter served with Homemade Chips and Garden Peas	£12.95	<input type="checkbox"/>
<b>Beef Fillet Strips (m,mu,gm,su,so,g)</b> Served with Stroganoff Sauce, House Salad and French Fries	£16.95	<input type="checkbox"/>
<b>Pan Roasted Chicken Breast (su,c,so)</b> Served with Pea, Asparagus & Mint Risotto and Affilla Dressing	£15.95	<input type="checkbox"/>
<b>Pan Roasted Stone Seabass (f,cr,m,su,gm,so)</b> Served with Cockle & Pembrokeshire Kelp Sauce, Charged Baby Gem and Sautéed New Potatoes	£18.95	<input type="checkbox"/>
<b>(Vg) Summer Risotto (so)</b> Pea, Asparagus & Mint	£10.50	<input type="checkbox"/>
<b>(Vg) Sweet Potato Falafel Salad (mu,su,gm,so)</b> With Beetroot, Butternut Squash, Bell Peppers, Spinach and Pine Nuts dressed in Lemon Oil	£14.95	<input type="checkbox"/>
<b>Chicken Caesar Salad (g,m,su,gm,f,e,so)</b> Baby Gem Lettuce, Grilled Chicken Breast, Bacon Crumb, Anchovies,	£11.95	<input type="checkbox"/>

## Sandwiches & Baguettes (available for Lunch 12pm - 2:30pm only)

Unless otherwise stated, your choice of White or Wholemeal Bread or Barra Gallega Baguette; served with Crisps and a Salad Garnish.

<b>Ham &amp; Mustard Mayonnaise (mu,m,g,su,e,gm,so)</b>	£6.95	<input type="checkbox"/>
Honey Roasted Ham with Homemade Mustard Mayo		
<b>(V) Welsh Cheddar &amp; Tomato Chutney (g,m,su,so,mu,e)</b>	£5.95	<input type="checkbox"/>
<b>Tuna Mayonnaise &amp; Cucumber (f,g,m,su,e,mu,so)</b>	£6.50	<input type="checkbox"/>
<b>(Vg) Sweet Potato Falafel Wrap (g,m,so,gm)</b>	£9.50	<input type="checkbox"/>
Sweet Potato Falafel wrapped with House Salad and <del>(Vg)</del> Mint Yoghurt served with Skinny Fries		

## Sides (available for Lunch 12pm - 2:30pm & Dinner 6pm - 9pm)

<b>Homemade Chips (gm,so)</b>	£3.00	<input type="checkbox"/>	<b>Garlic Flatbread with Cheese (g,m)</b>	£4.25	<input type="checkbox"/>
<b>Skinny Fries (gm,so)</b>	£3.00	<input type="checkbox"/>	<b>Seasonal Vegetables (m)</b>	£3.00	<input type="checkbox"/>
<b>Sweet Potato Fries (gm,g,so)</b>	£3.50	<input type="checkbox"/>	<b>House Salad (su,so,mu)</b>	£3.00	<input type="checkbox"/>
<b>New Potatoes (m)</b>	£3.00	<input type="checkbox"/>	<b>Peppercorn Sauce (m,su,so)</b>	£3.00	<input type="checkbox"/>
<b>Garlic Flatbread (g,m)</b>	£3.50	<input type="checkbox"/>	<b>Bourbon Sauce (mu,m,gm,so)</b>	£3.25	<input type="checkbox"/>

## For the Little Ones (available for Lunch 12pm - 2:30pm & Dinner 6pm - 9pm)

<b>Chicken Goujons and Chips (g,gm,m,su,so)</b>	£6.95	<input type="checkbox"/>
With Peas or Beans		
<b>Sausage &amp; Chips (g,gm,so)</b>	£6.95	<input type="checkbox"/>
With Gravy and Vegetables		
<b>Mini Fish and Chips (f,g,,gm,m,su,so)</b>	£6.95	<input type="checkbox"/>
With Peas or Beans		
<b>(V) Tagliatelle (g,m,su)</b>	£6.95	<input type="checkbox"/>
With Tomato Sauce and Grated Cheese		

## Dessert (available for Lunch 12pm - 2:30pm & Dinner 6pm - 9pm)

<b>(V) Lemon Cream Pie (m,g,e)</b>	£5.95	<input type="checkbox"/>
Pastry based with a zesty, creamy filling		
<b>(V) Mojito Cheesecake (g,m,e,su)</b>	£6.25	<input type="checkbox"/>
A sweet twist on the Classic Cocktail		
<b>(V) White Chocolate &amp; Raspberry Blondie (m,e,g)</b>	£6.50	<input type="checkbox"/>
Raspberry rippled indulgence!		