

SPRINGS

Salmon on a Niçoise Salad Served with New Potatoes

Cold Chicken Breast on a Seasonal Fruity Salad with New Potatoes

Home cooked Ham on a Seasonal Salad with New Potatoes

Vegetarian Dish of the Day with Salad and New Potatoes

Ploughmans with Welsh Cheese, Pickle and Salad

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Blueberry and Banana Smoothie

Forest Fruit and Banana Smoothie

Raspberry and Banana Smoothie

Fresh Fruit Salad

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